

■ P28 / 29

Messages from an Experienced Mom

「Welcome to Holland」 by Emily Perl Kingsley

©1987 EMILY PERL KINGSLEY ALL RIGHTS RESERVED

Translated by Yurie Sahashi

Translated with permission from “A Promising Future: A Guide to New and Expectant Parents” issued by
The American National Society for Down Syndrome

* Emily Perl Kingsley worked as a writer on the Sesame Street team for a long time. Ever since her son was born with Down syndrome in 1974, she has also been working hard to spread awareness about individuals with disabilities. She wrote “Welcome to Holland” in 1987. This piece of writing which provides emotional support and tips for new parents continues to be passed down from family to family.